

International Diabetes and Endocrine Congress

August 19 - 21, 2016 Karachi - Pakistan.

Organized by

**Baqai Institute of Diabetes and Endocrinology
Baqai Medical University, Karachi - Pakistan.**

in collaboration with

**Diabetic Association of Pakistan (DAP)
International Diabetes Federation (IDF) MENA Region**

Affiliates:

- * Diabetes & Ramadan (DAR) International Alliance
- * Diabetes in Asia Study Group (DASG)
- * International Society of Paediatric and Adolescent Diabetes (ISPAD)
- * National Association of Diabetes Educators of Pakistan (NADEP)
- * Primary Care Diabetes Association (PCDA)
- * Pakistan Working Group on Diabetic Foot (PWGDF)
- * South Asian Federation of Endocrine Societies (SAFES)
- * South Asian Federation of Obstetrics and Gynecology (SAFOG)
- * Society of Obstetricians and Gynecologists of Pakistan (SOGP)
- * College of Family Medicine Pakistan (CFMP)
- * Pakistan Hypertension League (PHL)
- * Federation of European Nurses in Diabetes (FEND)
- * Family Medicine Education Centre (FMEC)
- * Society of Paediatric Endocrinology and Diabetes in Pakistan (SPED)
- * Pakistan Academy of Family Physician (PAFP)
- * Pakistan Society of Health Pharmacist (PSHP)
- * Pakistan Nutrition Dietetic Society (PNDS)
- * Pakistan Endocrine Society (PES)
- * Diabetes Education Study Group (DESG)
- * Life for a Child (LFAC)
- * Advisory Board for the Care of Diabetes (ABCD)
- * Cardio Metabolic Forum of Pakistan (CMFOP)
- * Ramadan Study Group

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MESSAGE

It gives me great pleasure to write this message for the International Diabetes and Endocrine Congress. Presently over 415 million people are affected by diabetes and these numbers are predicted to rise to 642 million by the year 2040. 70% of them live in the low and middle income countries. Currently, in Pakistan there are about 7 million people with diabetes and this number is predicted to rise to 14.4 million by the year 2040. Diabetes can therefore be rightly called the “Disease of the Developing Countries”.

The countries with large population in the Asian Continent are also low resource countries. Therefore, despite the higher prevalence of diabetes and its complications, the essential health care requirements and facilities for diabetes care are often inadequate. I am convinced that the policy makers and health care providers in the developing countries have to get their priorities right and need to shift their focus to Primary Prevention of Diabetes.

The present health care setup in our country, like most Asian Countries, is structured to deal with acute and episodic illnesses and is not designed to provide the optimal array of services necessary to manage a complex, multi system chronic illness like diabetes. If we are serious in preventing the prevailing epidemic of diabetes, we have to mobilise our available resources to implement Primary Prevention Strategies for Type 2 Diabetes.

Leading Physicians and Diabetologists from Pakistan and abroad will present their research papers during the Congress. The academic exchange of experiences with the experts will provide impetus to increase the research efforts at all levels clinical, laboratory and operational. Such deliberations will pave the way for improving and strengthening the diabetes health care. The proceedings of the Congress will provide a deep insight into the academic content of the Congress.

With Prof. Abdul Basit as Co-Chairman of the Organising Committee, I am assured of the success of the Congress.

I would like to offer my special thanks to the members of the Organising Committee and the highly dedicated team at the Congress Secretariat for their Commendable hard work.

I extend a very warm welcome to all the participants of the Congress and in particular to our Overseas guests. I hope they will enjoy their stay in Pakistan.

I wish the Congress every success.



*Prof. A. Samad Shera T.I, S.I, FRCP
Chairman, Organizing Committee
International Diabetes & Endocrine Congress, 2016
Honorary President, International Diabetes Federation (IDF)
Head, WHO Collaborating Centre for Diabetes
Member, WHO International Expert
Advisory Panel on Diabetes
National Co-Coordinator for Diabetes Control Programme
Founder President, Diabetes in Asia Study Group
Secretary General, Diabetes Association of Pakistan.*

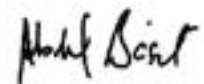
MESSAGE

On behalf of the Organizing Committee, it is my pleasure to invite you to attend and participate in the forthcoming International Diabetes & Endocrine Congress to be held in Karachi, Pakistan on 19th - 21st August, 2016. Karachi is the largest city of Pakistan accommodating people from all regions and religions and presents an interesting and colorful combination of the old and new traditions.

The congress is being organized on the occasion of completion of 20 years of diabetes and endocrine services accomplished by Baqai Institute of Diabetology & Endocrinology (BIDE) in low resources and under-served communities. Baqai Institute of Diabetology & Endocrinology (BIDE) has presented to be a patient centred integrated diabetes and endocrine care model.

A scientific program of highest standards has been prepared to give all participants the opportunity to exchange opinions and viewpoints with scientists from all over the world. The invitation to this scientific events is not just limited to those dealing with diabetes and endocrine disorders. It is also extended to all our colleagues involved in multidisciplinary medical tasks and interested in the latest developments. The Congress would provide the perfect platform for a professional update on the latest advances in diabetes, its complications and varying endocrine conditions. It would also offer the chance to develop and groom friendships and professional relationships. The congress has been declared, the official event of IDF - MENA Region.

Baqai Institute of Diabetology & Endocrinology, the Diabetic Association of Pakistan and the people of Karachi are eagerly looking forward to welcome you all at the congress in August, 2016. We believe you will enjoy both the scientific and cultural experience.



*Prof. Abdul Basit
Co-Chairman, Organizing Committee
International Diabetes & Endocrine Congress, 2016
Chair Elect IDF MENA Region,
Consultant Physician, Diabetologist & Endocrinologist
Prof of Medicine, Baqai Medical University,
Director Baqai institute of Diabetology & Endocrinology,
Karachi - Pakistan.*

The Congress Committees and their Members

Patron

1. Prof. Fareed Uddin Baqai
Chancellor, Baqai Medical University, Karachi.
2. Prof. Mrs. Zahida Baqai
Vice-Chancellor, Baqai Medical University, Karachi.

Organizing Committee

1. Prof. A. Samad Shera (Chairman)
2. Prof. Abdul Basit (Co-Chairman)
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4. Prof. Jamil Ahmed
5. Prof. Muhammad Yakoob Ahmedani
6. Dr. Muhammad Zafar Iqbal Abbasi
7. Dr. Asher Fawwad
8. Dr. Zahid Miyan
9. Dr. Asmat Nawaz
10. Dr. Musarrat Riaz
11. Dr. Muhammad Saif Ul Haque
12. Dr. Awn Bin Zafar
13. Miss. Erum Ghafoor
14. Miss. Sara Jaffari
15. Mr. Abdul Rehman
16. Mrs. Rabia Abdul Rehman
17. Mr. Mansoor Ahmed Siddiqui
18. Dr. Shazia Kiran (Conference Secretary)
19. Mr. Waqar Ahmed (Assistant Secretary)

Scientific Committee

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2. Prof. Abdullah Umar (Co-Chairman)
3. Prof. Karim Kamaruddin
4. Dr. Musarrat Riaz
5. Miss. Erum Ghafoor
6. Mr. Hassan Moin

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3. Dr. Shahid Ahsan
4. Dr. Awn Bin Zafar
5. Dr. Faraz Alvi
6. Miss. Zainab Akbar
7. Mr. Mansoor Ahmed Siddiqui
8. Mr. Bilal Tahir

Exhibition Committee

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2. Dr. Nasreen Shahid (Co-Chairman)
3. Dr. Musarrat Riaz
4. Dr. Muhammad Zafar Iqbal Abbasi
5. Mr. Muhammad Adnan
6. Mr. Fawwad Ahmed
7. Mr. Iqbal Hussain
8. Mr. Bilal Tahir

Transport Management Committee

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2. Dr. Muhammad Saif Ul Haque (Co-Chairman)
3. Dr. Asmat Nawaz
4. Mr. Osama Ul Haq
5. Mr. Shahab Basir Khan (Dabeer)
6. Mr. Abdul Rehman
7. Mr. Muhammad Tanveer

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3. Dr. Tariq Adnan
4. Dr. Syed Mansoor Ali
5. Dr. Noor Fatah
6. Dr. Riasat Khan
7. Dr. Nida
8. Dr. Asma Riasat
9. Dr. Ahsan Siddiqui
10. Dr. Muhammad Saif Ul Haque
11. Dr. Zareen
12. Miss. Iqra Abdul
13. Mr. Ejaz
14. Mr. Rashid Kamal
15. Mrs. Rabeya Khanam
16. Mr. Hassan Moin
17. Miss. Nida Mustafa
18. Mr. Osama Qaiser
19. Mr. Ali Qureshi
20. Mrs. Sadaf
21. Mr. Mansoor Ahmed Siddiqui

Reception Committee

1. Prof. Jamil Ahmed (Chairman)
2. Prof. Karim Kamaruddin (Co-Chairman)
3. Dr. Muhammad Zafar Iqbal Abbasi
4. Dr. Asafa Shariq
5. Mr. Faizan Mahmood
6. Mr. Abdul Rehman
7. Mrs. Rabia Abdul Rehman
8. Mr. Fawwad Ahmed
9. Ms. Zainab Akbar
10. Miss. Amna Alam
11. Mr. Imran Butt
12. Mr. Farhan
13. Mr. Muhammad Asim Idrees
14. Mr. Aqeemullah Khan
15. Mr. Zar Muhammad
16. Miss. Hina Naz
17. Mr. Muhammad Owais
18. Mr. Waqas Sabir
19. Mr. Zeeshan Sagheer
20. Miss. Fatima Soaib (Volunteer)

Audio Visual Committee

1. Mr. Mansoor Ahmed Siddiqui (Chairman)
2. Mr. Kamran Adam (Co-Chairman)
3. Mr. Rizwan Alam
4. Mr. Farrukh Ahmed
5. Mr. Sufran Ahmed
6. Ms. Aisha Ali
7. Mr. Syed Altamash Ali
8. Mr. Mazhar Ali
9. Mr. Muhammad Arsalan
10. Mr. Muneeb Adil Ghouri
11. Mr. Anwar-ul-Haq
12. Mr. Iqbal Hussain
13. Ms. Raheela Naseem
14. Mr. Tariq Rao
15. Mr. Bilal Tahir

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2. Dr. Farhat Ullah Khan (Co-Chairman)
3. Dr. Ajaz Ali
4. Dr. Areeba Mumtaz
5. Dr. Majid Shareef
6. Dr. Raheela
7. Dr. Fareed
8. Dr. Tahir Zaki
9. Dr. Abdul Majid
10. Dr. Farooq Chohan
11. Dr. Musthasan
12. Mrs. Rubina Sabir
13. Mr. Iftikhar
14. Mr. Haroon Saeed
15. Mr. Mansoor Ahmed Siddiqui
16. Mr. Muhammad Qasim

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2. Dr. Asmat Nawaz (Co-Chairman)
3. Dr. Faraz Alvi
4. Dr. Muhammad Saif Ul Haque
5. Ms. Mariam Abde Ali
6. Mr. Anwar Ul Haq
7. Mrs. Thamina Rashid

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1. Dr. Asmat Nawaz (Chairman)
2. Dr. Muhammad Zafar Iqbal Abbasi (Co-Chairman)
3. Dr. Shakeel Ahmed
4. Dr. Asher Fawwad
5. Dr. Muhammad Saif Ul Haque
6. Dr. Musarrat Riaz
7. Mr. S. Nasir Ali

SCIENTIFIC PROGRAM

Day 1, August 20, 2016

0900-1000 Plenary Session (Basic and Clinical Sciences)

Hall: Kohinoor

Chairpersons:

Dr. Nizar Albache, Syria

Prof. Adel A El-Sayed, Egypt

Diabetes and biomarkers for vascular and metabolic health; clinical and practical implications (30 Minutes).

Prof. Paul Thornalley, UK

Organizing diabetes care in resource poor societies - Bangladesh experience (30 Minutes).

Prof. A. K. Azad Khan, Bangladesh

1000 - 1030: Tea Break

1030-1230: Parallel Sessions

Stream: Basic and Clinical Sciences

Hall: Crown A

Breakthrough session

**“Twenty years of services in low resource and underserved communities:
A patient centred integrated diabetes care model”**

Chairpersons:

Prof. A. K. Azad Khan, Bangladesh

Prof. A. Samad Shera, Pakistan

Facilitator:

Dr. Asher Fawwad , Pakistan

Panel of Experts

1. Dr. Mohamed Eltom, Sudan
2. Prof. Wasim Hanif, UK
3. Prof. Bilal Bin Yunus, Pakistan
4. Dr. Nizar Albache, Syria
5. Dr. Firdous Jahan, Oman
6. Dr. Amir Kamran, Iran

Stream: Diabetes and Ramadan

Hall: Opal 1

Invited lectures (30 Minutes each)

Chairpersons: Dr. Khaled Tayeb. KSA

1. Characteristics of fasting and Ramadan - specific diabetes education trends in people with diabetes (CARE)

Prof. M. Yakoob Ahmedani, Pakistan

2. Incretin based therapies in Ramadan

Prof. Mafauzy Mohamed, Malaysia

3. Ramadan fasting and nutritional advices

Dr. Mohsen Nematy, Iran

4. Insulin treatment during Ramadan; Recent evidences

Prof. Adel El-Sayed, Egypt

Stream: Diabetic Foot

Hall: Kohinoor

Chairpersons: Prof. Jamal Zafar, Pakistan

Invited lectures (30 Minutes each)

1. What is new in diabetic peripheral neuropathy?

Dr. Zulfiqar G. Abbas, Tanzania

2. Peripheral Artery Disease (PAD) in our reigon: Is it a real problem?

Prof. Mandika N. Wijeyeratne, Sri Lanka

3. Understanding foot mechanics

Dr. Piero Galasso, Italy

4. Footwear for low resource country - A practical approach

Mr. Bent R. Nielsen, Denmark

Stream: Maternal and Child Health

Hall: Crown B

Invited lectures (30 Minutes each)

1. Unifying Maternal Child Health (MCH) with Non Communicable Diseases (NCD): Lessons learnt from Nirogi Maatha

Prof. Chandrika N. Wijeyaratne, Sri Lanka

2. Antenatal Care in Gestational Diabetes Mellitus (SAFOG Experience)

Prof. Ashma Rana, Nepal

Interactive Sessions (20 Minutes each)

1. Screening of Gestational Diabetes Mellitus

Prof. Shabeen Naz Masood, Pakistan

2. Medical Management of Gestational Diabetes Mellitus

Dr. Musarrat Riaz, Pakistan

3. Obstetrics care in Gestational Diabetes Mellitus

Prof. Nazli Hossain, Pakistan

Stream: Living with Diabetes

Hall: Coronet

Workshop 4 Stations (30 Minutes each)

1- Mastering in insulin prescription

Dr. Qamar Masood, Pakistan

Dr. Mesbah Sayed Kamel, Egypt

2- SMBG Guidelines for Pakistan

Prof. Salma Tanveer, Pakistan

Dr. Maria Al Mahdi, Kuwait

3- Get in, Get Fit and live a healthy life with Diabetes

Mr. Lucas Fogarty, USA

Dr. Kamil Salamah, KSA

4- Innovations in Diabetes Self-Management Education (DSME)

Ms. Barbara Eichorst, USA

Dr. Ibtisam Hadeed, Libya

Stream: Endocrinopathies

Hall: Opal 2

Meet the expert (30 Minutes each)

1. Correlating stones, moans & groans: Medical treatment of parathyroid disorders

Dr. S. Abbas Raza, Pakistan

Prof. Zaman Shaikh, Pakistan

2. Diagnostic approach towards Cushing syndrome

Prof. Zaman Shaikh, Pakistan

3. Snapshots of endocrine disorders

Dr. M. Hamed Farooqi, UAE

Dr. Osama Ishtiaq, Pakistan

4. How and when to treat short stature?

Dr. Khadija Nuzhat, Pakistan

1230 - 1330: Lunch and Prayer Break

0330 - 1430: Plenary Session (Living with Diabetes)

Hall: Kohinoor

Chairpersons:

Prof. Morsi Arab, Egypt

Dr. Abdulla O. Al Hamaq, Qatar

Changing role of diabetes educator to case manager: The new era

Ms. Barbara Eichorst, USA (30 Minutes)

Psychological support for people with diabetes

Ms. Susan Clever, Germany

1440-1610: Parallel Sessions

Stream: Diabetic Foot

Hall: Crown A

Meet the Experts (30 Minutes each)

Chairperson: Prof. Qazi Masroor, Pakistan

1. Diabetic Foot infections (case discussion)

Dr. Zahid Miyan, Pakistan

2. Diabetic foot infections - “Role of Radionuclide Imaging in the Diagnosis of Diabetic Foot Infections”

Dr. Shabana Saeed, Pakistan

3. Charcot arthropathy; A diagnostic dilemma?

Dr. Kamil Salamah, KSA

Stream: Basic and Clinical Sciences

Hall: Opal 1

MENA Symposium: Invited lectures (15 Minutes each)

Chairpersons: Prof. A. K. Azad Khan

Prof. A. Samad Shera

1. Diabetes in MENA region, obstacles and difficulties and regional plan.

Dr. Nizar Albache, Syria

2. National Diabetes Strategy for Diabetes Prevention - Qatar Experience.

Dr. Abdulla O. Al Hamaq, Qatar

3. Cultural and Demographic aspects of DM in MENA-region.

Prof. Adel A El-Sayed, Egypt

4. Establishment of diabetes clinics in low resource situation.

Dr. Mesbah Kamel, Egypt

5. The Role of All The Community Constituents in Building Up The National Diabetes Programmes

Prof. Morsi Arab, Egypt

6. Diabetes and disasters, a real critical issue in the region.

Dr. Mohamed Sandid, Lebanon

Stream: Living with diabetes

Hall: Kohinoor

New tradition is good nutrition: Invited lectures (20 Minutes each)

1. To prevent future dismay, start healthy eating today

Ms. Fayza Khan, Pakistan

2. Should patients with diabetes eat differently? Carbohydrates Counting.

Dr. Mohsen Nematy, Iran

3. How to transform junk food into healthy items (Smart cooking video)

Mrs. Rabia Saqib, Pakistan

Panel Discussion (30 Minutes)

Stream: Diabetes and Ramadan

Hall: Crown B

Chairpersons: Prof. Mafauzy Mohamed, Malaysia
Prof. Zaman Shaikh, Pakistan
Prof. Nazeer Khan, Pakistan

Free Papers (10 Minutes each)

1. Hypoglycemia during Ramadan - an audit.
2. Frequency of depression pre and post Ramadan among patients with type 2 diabetes.
3. Food and nutrient intake in patients with diabetes during Ramadan.
4. Chronic complications in patient with diabetes during Ramadan.
5. Dietary intake of people with type 1 diabetes during Ramadan.
6. Modes of Ramadan specific diabetes education.
7. Conventional and intensive glycemic control among people with type 2 diabetes (T2DM) during Ramadan.
8. Perceptions of Family Physicians about Nutritional advice in Ramadan.

Stream: Endocrinopathies

Hall: Coronet

Workshop (All about thyroid)

1. Approach towards a thyroid nodule, differentiating the slow versus fast
Dr. Qamar Masood, Pakistan
Col. Shahid Ahmed, Pakistan
2. Hands on practice, from ultrasound to FNAC of thyroid nodules in endocrine clinic
Dr. Uzma Khan, USA
Dr. Saif Ul Haque, Pakistan
3. Thyroid cancer, understanding the new strategies of treatment
Prof. Najamul Islam, Pakistan
Dr. Khurshid Khan, Pakistan

Stream: Maternal and Child Health

Hall: Opal 2

Chairperson: Prof. Jamil Ahmed, Pakistan

Invited lectures (30 Minutes each)

1. The management of Obesity: Past, Present and Future
Prof. Wasim Hanif, UK
2. Weight Gain: A precursor of Gestational Diabetes Mellitus
Prof. Rubina Sohail, Pakistan
3. Obesity in women: A challenge in Arab World
Dr. Firdous Jahan, Oman

1610 - 1630: Tea Break

0630 - 1730: Plenary Session (Maternal and Child Health)

Hall: Kohinoor

Chairpersons:

Prof. Chandrika N. Wijeyaratne, Sri Lanka
Dr. Mesbah Kamel, Egypt

Pregnancy and early childhood; an opportunity for diabetes prevention

Prof. Graham Hitman, UK (30 Minutes)

Micronutrient intervention in pregnancy and cardio-metabolic risk in new borns

Prof. Akhtar Hussain, Norway (30 Minutes)

Day 2, August 21, 2016

0900 - 1000: Plenary Session (Diabetes and Ramadan)

Hall: Kohinoor

Chairpersons:

Prof. Suliman Abusrewil, Libya

Dr. Mohamed Eltom, Sudan

Formulating guidelines for diabetes management during Ramadan.

Do we have enough evidences?

Prof. Wasim Hanif, UK (30 Minutes)

Safety of fasting in people with diabetes

Dr. Khaled Tayeb, KSA (30 Minutes)

0900 - 1000: Plenary Session (Diabetic Foot)

Hall: Kohinoor

Chairpersons:

Dr. Mohamed Sandid, Lebanese

Dr. Kamil Salamah, KSA

Global Strategies to reduce amputation rates worldwide

Dr. Kristien Van Acker, Belgium (30 Minutes)

Diabetic Foot: The African Experience

Dr. Zulfiqar G. Abbas, Tanzania (30 Minutes)

1100 - 1130: Tea Break

1130 - 1330: Parallel Sessions

Stream: Living with Diabetes

Hall: Crown A

Panel Discussion (60 Minutes)

Carbohydrate Fat Debate

Moderator: Prof. Rubina Hakeem, Pakistan

Intro (5 Minutes)

For Carbohydrate (15 Minutes)

Ms. Saima Rasheed, Pakistan

For Fats (15 Minutes)

Dr. Nilofer Fatimi Safdar, Pakistan

Q&A (15 Minutes)

Conclusion (10 Minutes)

Panel Discussion - Advocacy (60 Minutes)

Communication gaps between Health Care Professionals & people with Diabetes

Moderator: Prof. Bilal Bin Younis, Pakistan (5 Minutes Introduction)

Panel A: Health Care Professional

Dr. Abdulla O. Al Hamaq, Qatar (5 Minutes)

Ms. Barbara Eichorst, USA (5 Minutes)

Dr. Kamel Salamah, KSA (5 Minutes)

Panel B: Type 1 and Type 2 DM (5 Minutes)

Type 1 DM: Miss. Erin little, USA (5 Minutes)

Type 2 DM: Miss. Erum Ghafoor, Pakistan (5 Minutes)

Q&A (15 Minutes)

Summary: Speaker Prof. Bilal Bin Younis, Pakistan (10 Minutes)

Stream: Diabetes and Ramadan

Hall: Opal 1

Chairpersons: Prof. M. Yakoob Ahmedani, Pakistan

Dr. Khaled Tayeb, KSA

Debates (30 Minutes each including 5 Minutes for introduction, 20 Minutes of debate and 5 Minutes for discussion)

People with type 1 diabetes can safely fast during Ramadan

1. No: Prof. Wasim Hanif, UK

2. Yes: Dr. Hamed Farooqi, UAE

Is Hyperglycemia a major complication in fasting patients with diabetes during Ramadan or Hypoglycemia.

Hyperglycemia: Dr. Qamar Masood, Pakistan

Hypoglycemia: Dr. Mafauzy Mohamed, Malaysia

Case Discussion with experts (60 Minutes)

Prof. Yakoob Ahmedani, Pakistan

Dr Khaled Tayeb, KSA

Stream: Basic and Clinical Sciences

Hall: Kohinoor

Chairpersons: Dr. Uzma Khan, USA

Prof. A.K. Azad Khan, Bangladesh

Invited lectures (30 Minutes each)

1. Methylglyoxal in obesity and diabetes - Basics to therapeutics

Prof. Paul Thornalley, UK

2. Oxidative stress, dicarbonyl stress and emerging treatment options for cardiovascular disease in diabetes

Dr. Naila Rabbani, UK

3. Normal and productive life with T1DM from the perspective of resource constraint society

Dr. Graham Ogle, Australia

4. Assessment of cardiovascular risk in low resource and underserved communities

Prof. Liaquat ALi, Bangladesh

Stream: Endocrinopathies

Hall: Crown B

Chairperson: Prof. A. Samad Shera, Pakistan

Invited Talks (30 Minutes each)

1. For how long should I take metformin? PCOs; A metabolic conundrum

Prof. Tasneem Ahsan, Pakistan

2. Shall we be treating all women with HRT?

Prof. A. H. Aamir, Pakistan

3. Bio Chemical Assessment of Metabolic Bone Disorders

Dr. Aysha Habib Khan, Pakistan

4. I am too young to be unfit! Managing a hypogonadotrophic hypogonad male, fertility & beyond

Dr. Rehman Khan, UK

Stream: Diabetic Foot

Hall: Coronet

Workshops (30 Minutes each station)

1. Identifying feet at risk

Dr. Bashir Tarazi, Palestine

Dr. Riaz Memon, Pakistan

2. When and how to debride?

Dr. Muhamed Sandid, Lebanon

Ms. Aisha Wajahat, Pakistan

3. Is pressure off loading necessary?

Dr. Kamil Salamah, Saudi Arabia

Dr. Zahid Miyan, Pakistan

4. What's new in foot care advice (Latest Recommendations by IWGDF)

Prof. Bilal Bin Yunus, Pakistan

Dr. Asim Bin Zafar, Pakistan

Stream: Maternal and Child Health

Hall: Opal 2

Invited Lecture (30 Minutes each)

1. Anemia in Pregnancy

Prof. Sadaqat Jabeen, Pakistan

2. Lifestyle intervention trials in women with Gestational Diabetes Mellitus

Dr. Romaina Iqbal, Pakistan

3. Pregnancy Complicated with Hypertension

Dr. Bashir Hanif, Pakistan

4. Polycystic Ovarian Syndrome

Prof. Abdullah Umar, Pakistan

Meet the experts Session (60 Minutes)

Facilitator: Dr. Musarrat Riaz, Pakistan
Dr. Asmat Nawaz, Pakistan

Panel of Experts

Prof Ashma Rana, Nepal
Prof Akhtar Hussain, Norway
Prof. Nazli Hossain, Pakistan
Prof. Shabeen Naz, Pakistan
Dr. Sadaqat Jabeen, Pakistan
Dr. Mahjabeen, Pakistan

1330 - 1430: Lunch and Prayer Break

1430 - 1530: Plenary Session (Endocrinopathies)

Hall: Kohinoor

Chairpersons:

Dr. Graham Ogle, Australia
Dr. Amir Kamran, Iran

Soft bones hard evidences The evolving trends in osteoporosis (clinical update 2016)

Dr. Hamed Farooqi, UAE (30 Minutes)

Stem Cell Therapy in Diabetes: Reality and Myths?

Prof. Liaquat Ali, Bangladesh (30 Minutes)

1530 - 1630: Call for action + Closing ceremony with Tea